



natural way of living

## Dear all NWL Members,

We are so grateful to True Source to announce that as more hearts are opened to True Source, being as instruments and the spiritual facilities and infrastructure in the whole existence are becoming more complete, we are now ready for a new era of open heart to True Source.

For this reason, GM Irmansyah Effendi will be upgrading all workshops, starting from the basic workshops (Open Heart, Reiki Tummo, Secrets of Natural Healing, Mini Series) to reflect these final stage changes and give you all the best.

As the Open Heart workshops serve as the most basic foundation for the [Masteryoga Curriculum](#), the upgraded OH 6 (when available or the highest upgraded open heart levels that are already available) will be a prerequisite for Preparation Masteryoga 2 and above, effective immediately.

Although the material is significantly different to the old version, participants who have attended the old Open Heart version may attend the upgraded version with repeater fee. For those who require financial support, please contact our coordinators regarding our comprehensive discount offerings.

However, we do understand that not everyone has the time nor financial capacity to attend all the upgraded Open Heart Levels 1-6. Hence, to make it more feasible for everyone, we have provided a dispensation for those who have attended the old version of Open Heart workshops:

- Attend 3x practice sessions by Member Relations Division (MRD) for each levels you have attended in the past
- Waiting period of 2 weeks between levels 1&2 to 3&4 to 5&6
- Acceptance will be by heart attitude evaluation done by the Open Heart instructor
- If not accepted, you may continue to attend practice sessions until you pass evaluation.

This dispensation applies for all workshops starting from Preparation Masteryoga 2 and above as well as the upgraded Open Heart level 1-6 (if not starting from level 1).

For example, John Doe has attended Masteryoga 2-1 in 2019 and has also attended Open Heart Level 6 in 2018.

- If John now wants to attend only levels 3 & 4 or only levels 5 & 6 of the upgraded Open Heart workshops, he can attend 3x practice by MRD for each of the preceding levels and be evaluated to ensure his heart attitude has improved sufficiently from the upgrades.
- If John now wants to attend Preparation to Masteryoga 2 or above, John may attend the upgraded OH1-6 with repeater fee OR John may attend 3x practice by MRD for each of levels 1-6 with 2 weeks in between levels 2 and 3 and 2 weeks in between levels 4 and 5 and be evaluated to ensure he has covered all the necessary upgrades properly before Preparation to Masteryoga 2 or above workshops.

Thank you for your love and support, everyone of you played a very important part in making this happen.

WLL  
NWL Home Office.

Member Relations Division Contact: [memberrelations@naturalwayofliving.com](mailto:memberrelations@naturalwayofliving.com)  
Open Heart workshop schedule:  
<https://naturalwayofliving.com/workshops/open-heart-meditation-workshop-dates/>